HEALTH AND WELLBEING



YOU NEED TO BUY A NEW BOILER

Search online for a new boiler which will suit your needs. It needs to be able to heat a one-bedroom flat as a minimum. Once you have found one, make a note of the price and explain how you intend to pay for it.

To do this, you will need to return to your notes from the first few lessons to remind yourself of your monthly take-home pay and any of the spending commitments you may have. Do you have savings? Have you got, or can you get, a loan or credit card? Or, is there a finance option to buy the boiler from a supplier?

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ROUTINE VACCINATIONS IN THE UK

Research when these vaccinations should be given throughout your life-time.

VACCINE NAME	AGE RECEIVED	VACCINE NAME	AGE RECEIVED
THE SIX IN ONE VACCINE		HIB & MEN C	
THE 4 IN 1 BOOSTER		MMR	
THE 3 IN 1 BOOSTER		HPV	
ROTA-VIRUS		MEN ACWY	
PNEUMONIA VACCINE		FLU VACCINE	
MEN B		THE SHINGLES VACCINE.	

ROUTINE MEDICAL TESTS OFFERED IN THE UK

Research when the tests below are offered to individuals and what the purpose of the tests are.

CERVICAL SCREENING	BREAST SCREENING (MAMMOGRAM)
Offered at age:	Offered at age:
Looking for:	Looking for:
BOWEL CANCER SCREENING	ABDOMINAL AORTIC ANEURYSM
BOWEL CANCER SCREENING Offered at age:	ABDOMINAL AORTIC ANEURYSM Offered at age:



HEALTH AND WELLBEING



EYE CARE

Investigate how often the NHS recommends you should take a sight test.
Make a note of some of the conditions that an optician might be looking for during routine tests and explain the potential consequences of each condition.
EYE CARE Use what you have learned to identify the next vaccination or check-up that you are due to have. You may find there are some you have missed or you're unsure of, in this scenario you should speak to your GP.